



Cinco de Mayo
(Spanish for "May
Fifth") is a time to
celebrate MexicanAmerican food and
culture in the U.S. It's a
much bigger deal here
than it is in Mexico!

# Wednesday, May I

# **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Sausage and Cheese Muffin

### Lunch

Nachos with Chili, Cheese Sauce Salsa, Sour Cream and Roll Grilled Chicken Sandwich PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides:

Golden Corn/Lettuce & Tomato Fruit and Milk

# Thursday, May 2

### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Ham, Egg, Cheese Bagel

### Lunch

Turkey and Waffles
Hamburger / Cheeseburger
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Mashed Potatoes / Fresh Veggies

Mashed Potatoes / Fresh Veggies Baked Fruit Crisp and Milk

# Friday, May 3

# **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Breakfast Burrito

# Domino's Lunch

# Plain or Pepperoni Domino's Pizza

Fish Sandwich PB & J Sandwich Salad Bar / Deli Hoagie / Wrap

Sides: Steamed Broccoli / Fresh Veggies Fruit and Milk

# SAFETY FIRST.

Lightning can strike even if it's not raining and the skies around you are sunny! If you can hear thunder, you could be in danger, so always follow the rule, "If thunder roars, stay indoors" – and not under a tree!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

# Monday, May 6

### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Sausage and Cheese Muffin

# Cinco De Mayo Lunch

Beef or Chicken Taco
With Cheese
(Soft Shells or Chips)
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Spanish Rice/ Black Bean
Salsa/ Lettuce and Tomato
Fruit and Milk

# Tuesday, May 7

### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Pizza Bagel

# **Brunch for Lunch**

3 French Toast Sticks / 2 Sausage Hot Ham and Cheese Panini PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides: Tater Tots /Fresh Veggies

# Wednesday, May 8

# **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Cinnamon Roll

### Lunch

Popcorn Chicken Mashed Potato Bowl with Roll BBQ Rib Sandwich PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides: Golden Corn /Fresh Veggies Fruit and Milk

# Thursday, May 9

#### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Egg and Cheese Bagel

#### Lunch

Cheese Ravioli with Sauce and Garlic Bread Spicy Chicken Sandwich PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides:

Fresh Baked Cookie! Cesar Salad /Fresh Veggies Fruit and Milk

# Friday, May 10

### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Pancakes with Sausage

### <u>Lunch</u> School Made White Pizza

(Plain or Veggie) Sloppy Joe on Roll PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides:

Cooked Carrots / Fresh Veggies Fruit and Milk

# WELLNESS IS A WAY OF LIFE!



# Monday, May 13

### **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Mini Waffles

# Pretzel -Lunch Chicken Sticks with

Wheat Roll
Meatball Hoagie
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Soft Pretzel!
Zesty Baked Beans / Fresh Veggies
Fruit and Milk

# Tuesday, May 14

Fruit and Milk

# **Breakfast**

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Breakfast Pizza

### Lunch

Pepperoni and Cheese Stromboli with Sauce Pulled Pork BBQ on Roll PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides: Steamed Broccoli / Fresh Veggies Fruit and Milk

# Wednesday, May 15

# <u>Breakfast</u>

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Sausage and Cheese Bagel

# <u>Lunch</u>

Chicken Parmesan with Side of Pasta and Garlic Bread Turkey & Cheese on Pretzel Roll PB & J Sandwich Salad Bar / Deli Hoagie / Wrap Sides: Cesar Salad /Fresh Veggies

Fruit and Milk

# Thursday, May 16

# <u>Breakfast</u>

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Ham, Egg, Cheese Muffin

# <u>Lunch</u>

General Tso Chicken over Rice and Roll Hot Dog on a Roll Salad Bar / Deli Hoagie / Wrap Sides: Steamed Green Beans / Fresh Veggies/ Sauerkraut

Fruit Crisp and Milk

# Friday, May 17

# <u>Breakfast</u>

Choice of Juice, Fruit and Milk Cold Cereal, Bagels, Cinnamon Roll

# <u>Lunch</u>

Personal Pizza
Tuna Melt Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Seasoned Potatoes / Fresh

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